

(2) 算符的运算:

① 两个算符的顺序通常不可交换: $\hat{A}\hat{B} \neq \hat{B}\hat{A}$. (无交换律)

② 有结合律: $\hat{A}\hat{B}\hat{C} = \hat{A}(\hat{B}\hat{C}) = (\hat{A}\hat{B})\hat{C}$

$$\hat{A}^n \hat{A}^m = \hat{A}^{(n+m)}$$

③ 作用先后: $\hat{A}\hat{B}|\psi\rangle = \hat{A}(\hat{B}|\psi\rangle)$

④ $\langle \phi | \hat{A} | \psi \rangle = \text{复数}$.

$$\langle \phi | \hat{A} | \psi \rangle = \langle \phi | (\hat{A} | \psi \rangle)$$

(3) 线性算符:

分配律: $\hat{A}(a_1|\psi_1\rangle + a_2|\psi_2\rangle) = a_1\hat{A}|\psi_1\rangle + a_2\hat{A}|\psi_2\rangle$

$$(\langle \psi_1 | a_1 + \langle \psi_2 | a_2) \hat{A} = a_1 \langle \psi_1 | \hat{A} + a_2 \langle \psi_2 | \hat{A}$$

(4) 补充:

① 期望: \hat{A} 关于一个态 $|\psi\rangle$ 的期望: $\langle \hat{A} \rangle$

$$\langle \hat{A} \rangle = \frac{\langle \psi | \hat{A} | \psi \rangle}{\langle \psi | \psi \rangle}$$

② $|\phi\rangle\langle\psi|$ 是线性算符:

$$|\phi\rangle\langle\psi|\psi'\rangle = \underbrace{\langle\psi|\psi'\rangle}_{\text{复数}} |\phi\rangle$$

不合法: $|\psi\rangle\hat{A}$, $\hat{A}\langle\psi|$.

2. 厄米特伴随 (= 厄米特共轭)

对复数 α , $\alpha^+ = \alpha^*$

对 \hat{A} , 定义: $\langle \psi | \hat{A}^+ | \phi \rangle = \langle \phi | \hat{A} | \psi \rangle^*$.

(1) 厄米特共轭规则的性质:

为得到任何表达式的厄米特伴随, 需经过以下替换:

① 复常数: $\alpha^+ = \alpha^*$

② 右矢(左矢) $(|\psi\rangle)^+ = \langle\psi|$, $(\langle\psi|)^+ = |\psi\rangle$.

③ $\hat{A} \rightarrow \hat{A}^+$



(2) 厄米运算的性质:

① $(\hat{A}^\dagger)^\dagger = \hat{A}$

② $(\alpha \hat{A})^\dagger = \alpha^* \hat{A}^\dagger$

③ $(\hat{A}^n)^\dagger = (\hat{A}^\dagger)^n$

④ $(\hat{A} + \hat{B} + \hat{C} + \hat{D})^\dagger = \hat{A}^\dagger + \hat{B}^\dagger + \hat{C}^\dagger + \hat{D}^\dagger$

⑤ $(\hat{A} \hat{B} \hat{C} \hat{D})^\dagger = \hat{D}^\dagger \hat{C}^\dagger \hat{B}^\dagger \hat{A}^\dagger$

⑥ $(\hat{A} \hat{B} \hat{C} \hat{D} |\psi\rangle)^\dagger = \langle \psi | \hat{D}^\dagger \hat{C}^\dagger \hat{B}^\dagger \hat{A}^\dagger \rangle$

⑦ $(|\psi\rangle \langle \phi|)^\dagger = |\phi\rangle \langle \psi|$

⑧ $\langle a | \hat{A} | \psi \rangle = a \langle \psi | \hat{A} | \psi \rangle$ $\langle a | \hat{A} | \psi \rangle = a^* \langle \psi | \hat{A}^\dagger | \psi \rangle$

(同理, $\langle a | \hat{A}^\dagger | \psi \rangle = a^* \langle \psi | \hat{A} | \psi \rangle$)

$$\Rightarrow \langle \psi | \hat{A} | \phi \rangle = \langle \hat{A}^\dagger \psi | \phi \rangle = \langle \psi | \hat{A} | \phi \rangle = \langle \psi | \hat{A} | \phi \rangle$$

(3) 厄米算符:

若 $\hat{A} = \hat{A}^\dagger$, 则 \hat{A} 是厄米的.

或: $\langle \psi | \hat{A} | \phi \rangle = \langle \phi | \hat{A} | \psi \rangle^*$

斜厄米算符: $\hat{B}^\dagger = -\hat{B}$ = anti-skew-

或: $\langle \psi | \hat{B} | \phi \rangle = -\langle \phi | \hat{B} | \psi \rangle^*$

注: 对于一个算符, 通常 $\hat{A}^\dagger \neq \hat{A}^*$.

($\langle \psi | \hat{A}^\dagger | \phi \rangle = \langle \phi | \hat{A} | \psi \rangle^*$)

习题:

E26. (1) $\hat{B}_1^\dagger = (\hat{A} + \hat{A}^\dagger)^\dagger = \hat{A}^\dagger + \hat{A} = \hat{B}_1$ ✓

$\hat{B}_2^\dagger = (i(\hat{A} + \hat{A}^\dagger))^\dagger = -i(\hat{A}^\dagger + \hat{A}) = -\hat{B}_2$ ✗

$\hat{B}_3^\dagger = (i(\hat{A} - \hat{A}^\dagger))^\dagger = -i(\hat{A}^\dagger - \hat{A}) = \hat{B}_3$ ✓

(2) $f^\dagger(\hat{A}) = f^*(\hat{A}^\dagger)$

$$(f(\hat{A}))^\dagger = \left(\frac{(1 + i\hat{A} + 3\hat{A}^2)(1 - 2i\hat{A} - 9\hat{A}^2)}{\sqrt{7}\hat{A}} \right)^\dagger = \frac{(-i\hat{A}^\dagger + 3\hat{A}^{\dagger 2})(1 + 2i\hat{A}^\dagger - 9\hat{A}^{\dagger 2})}{\sqrt{7}\hat{A}^\dagger}$$



(3) \hat{A} 厄米算符: 期望值 \in 实数.

反... \in 虚数.

若: $\langle \psi | \hat{A} | \psi \rangle = \langle \psi | \hat{A} | \psi \rangle^*$ (\hat{A} 是厄米的)

(如果 $\hat{A} = \hat{A}^\dagger$) 则 $\langle \psi | \hat{A} | \psi \rangle =$ 实数.

若: $\langle \psi | \hat{B} | \psi \rangle = -\langle \psi | \hat{B} | \psi \rangle^*$ ($\hat{B}^\dagger = -\hat{B}$).

$\therefore \langle \psi | \hat{B} | \psi \rangle$ 为虚数.

3. 投影算符.

定义: $\hat{p}^\dagger = \hat{p}$. $\hat{p}^2 = \hat{p}$.

示例: 单位算符 \hat{I} .

(1) 性质:

① $\hat{p}_1 \cdot \hat{p}_2$ 相乘仍是投影算符 (\hat{p}_1, \hat{p}_2 为对易算符 $\hat{p}_1 \hat{p}_2 = \hat{p}_2 \hat{p}_1$)

$$(\hat{p}_1 \hat{p}_2)^\dagger = (\hat{p}_2^\dagger \hat{p}_1^\dagger) = \hat{p}_2 \hat{p}_1 = \hat{p}_1 \hat{p}_2 \checkmark$$

$$(\hat{p}_1 \hat{p}_2)^2 = \hat{p}_1^2 \hat{p}_2^2 = \hat{p}_1 \hat{p}_2 \checkmark$$

② $\hat{p}_1 + \hat{p}_2$ 不是一般不是投影算符.

③ 若 \hat{p}_1, \hat{p}_2 是投影 $\hat{p}_1 \hat{p}_2 = 0$. 则正交.

④ 若 $\hat{p}_1 + \hat{p}_2 + \dots + \hat{p}_n$ 要成为投影算符则 ^{必须} 两两正交.
(交叉项 = 0)

Example 2.7.

$|\psi\rangle\langle\psi|$ 是投影算符 $\Leftrightarrow |\psi\rangle$ 是归一化的.

$$(|\psi\rangle\langle\psi|)^\dagger = |\psi\rangle\langle\psi| \text{ (厄米的) } \checkmark$$

$$(|\psi\rangle\langle\psi|)^2 = (|\psi\rangle\langle\psi|)(|\psi\rangle\langle\psi|) = |\psi\rangle\langle\psi|\psi\rangle\langle\psi|$$

若 $|\psi\rangle$ 归一化. $(|\psi\rangle\langle\psi|)^2 = |\psi\rangle\langle\psi|$.

$$\Rightarrow \langle\psi|\psi\rangle = 1$$

4. 对易运算:

定义: $[\hat{A}, \hat{B}] = \hat{A}\hat{B} - \hat{B}\hat{A}$.



反对易: $\{\hat{A}, \hat{B}\} = \hat{A}\hat{B} + \hat{B}\hat{A}$.

两个算符是对易的 $\Leftrightarrow [\hat{A}, \hat{B}] = 0 \Leftrightarrow \hat{A}\hat{B} = \hat{B}\hat{A}$.

恒成立: $[\hat{A}, \hat{A}] = 0$.

若两算符厄米且乘积厄米 $\Rightarrow (\hat{A}\hat{B})^\dagger = \hat{A}\hat{B}$ 相艾.
 $(\hat{A}\hat{B})^\dagger = \hat{B}^\dagger\hat{A}^\dagger = \hat{B}\hat{A}$

① 举例: 动量算符 \hat{p}
坐标算符 \hat{x} . $\hat{p} = -i\hbar \frac{\partial}{\partial x}$.

$$[\hat{x}, \hat{p}_x] = i\hbar \hat{I}$$

证明: $\hat{x} \hat{p}_x |\psi\rangle = \hat{x} (-i\hbar \frac{\partial}{\partial x}) |\psi\rangle$

$$\hat{p}_x \hat{x} |\psi\rangle = -i\hbar \frac{\partial}{\partial x} (\hat{x} |\psi\rangle) = \hat{x} (-i\hbar \frac{\partial}{\partial x}) |\psi\rangle - i\hbar |\psi\rangle$$

$$\therefore [\hat{x}, \hat{p}_x] = \hat{p}_x \hat{x} - \hat{x} \hat{p}_x = i\hbar \hat{I}$$

同理: $[\hat{y}, \hat{p}_y] = i\hbar \hat{I}$. $[\hat{z}, \hat{p}_z] = i\hbar \hat{I}$.

② 性质:

1) 反对称性: $[\hat{A}, \hat{B}] = -[\hat{B}, \hat{A}]$

2) 线性性: $[\hat{A}, \hat{B} + \hat{C} + \dots] = [\hat{A}, \hat{B}] + [\hat{A}, \hat{C}] + \dots$

3) 对易运算的厄米共轭:

$$[\hat{A}, \hat{B}]^\dagger = [\hat{B}^\dagger, \hat{A}^\dagger]$$

4) 分配律: $[\hat{A}, \hat{B}\hat{C}] = [\hat{A}, \hat{B}]\hat{C} + \hat{B}[\hat{A}, \hat{C}]$ (*)

$$[\hat{A}\hat{B}, \hat{C}] = \hat{A}[\hat{B}, \hat{C}] + [\hat{A}, \hat{C}]\hat{B}$$

5) 雅可比恒等式: $[\hat{A}, [\hat{B}, \hat{C}]] + [\hat{B}, [\hat{C}, \hat{A}]] + [\hat{C}, [\hat{A}, \hat{B}]] = 0$.

注: 李代数). $[X, [Y, Z]] + [Y, [Z, X]] + [Z, [X, Y]] = 0$.

注: 满足李代数的代数不一定是具有反对称性.

6) 从(*)式: $[\hat{A}, \hat{B}^n] = \sum_{j=0}^{n-1} \hat{B}^j [\hat{A}, \hat{B}] \hat{B}^{n-j-1}$.

$$[\hat{A}^n, \hat{B}] = \sum_{j=0}^{n-1} \hat{A}^{n-j-1} [\hat{A}, \hat{B}] \hat{A}^j$$

7) \hat{A} 和常数 b 一定是对易的: $[\hat{A}, b] = 0$



Example 2-8.

(1) 两个厄米算符^的对易是反厄米算符.

$$[\hat{A}, \hat{B}]^{\dagger} = \dagger(\hat{A}\hat{B} - \hat{B}\hat{A})^{\dagger} = \hat{B}^{\dagger}\hat{A}^{\dagger} - \hat{A}^{\dagger}\hat{B}^{\dagger} = \hat{B}\hat{A} - \hat{A}\hat{B} = -[\hat{A}, \hat{B}]$$

$$\Rightarrow [\hat{A}, \hat{B}]^{\dagger} = -[\hat{A}, \hat{B}] \quad (\{\hat{A}, \hat{B}\}^{\dagger} = \{\hat{A}, \hat{B}\})$$

厄米的.

(2) 计算: $[\hat{A}, [\hat{B}, \hat{C}]\hat{D}]$

$$= [\hat{A}, \hat{B}\hat{C} - \hat{C}\hat{B}]\hat{D} + [\hat{A}, \hat{D}][\hat{B}, \hat{C}]$$

$$= [\hat{A}, \hat{B}\hat{C} - \hat{C}\hat{B}]\hat{D} + (\hat{A}\hat{D} - \hat{D}\hat{A})(\hat{B}\hat{C} - \hat{C}\hat{B})$$

$$= \hat{C}\hat{B}\hat{D}\hat{A} - \hat{B}\hat{C}\hat{D}\hat{A} + \hat{A}\hat{B}\hat{C}\hat{D} - \hat{A}\hat{C}\hat{B}\hat{D}.$$

5. 两算符之间的不确定关系:

定义: $\langle \hat{A} \rangle$ $\langle \hat{B} \rangle$ 是两厄米算符 \hat{A} , \hat{B} 关于归一化的态 $|\psi\rangle$ 的期望:

$$\langle \hat{A} \rangle = \langle \psi | \hat{A} | \psi \rangle$$

$$\langle \hat{B} \rangle = \langle \psi | \hat{B} | \psi \rangle.$$

$$\Delta \hat{A} = \hat{A} - \langle \hat{A} \rangle. \quad \Delta \hat{B} = \hat{B} - \langle \hat{B} \rangle.$$

$$(\Delta \hat{A})^2 = \hat{A}^2 + \langle \hat{A} \rangle^2 - 2\hat{A}\langle \hat{A} \rangle. \quad (\Delta \hat{B})^2 = \hat{B}^2 + \langle \hat{B} \rangle^2 - 2\hat{B}\langle \hat{B} \rangle$$

$$\langle \psi | (\Delta \hat{A})^2 | \psi \rangle = \langle (\Delta \hat{A})^2 \rangle = \langle \hat{A}^2 \rangle - \langle \hat{A} \rangle^2 \quad (\langle \hat{A}^2 \rangle = \langle \psi | \hat{A}^2 | \psi \rangle)$$

$$(\Delta \hat{B})^2 = \langle \hat{B}^2 \rangle - \langle \hat{B} \rangle^2.$$

不确定度 ΔA , ΔB

$$\Delta A = \sqrt{\langle (\Delta \hat{A})^2 \rangle} = \sqrt{\langle \hat{A}^2 \rangle - \langle \hat{A} \rangle^2}$$

(是数)

$$\Delta B = \sqrt{\langle \hat{B}^2 \rangle - \langle \hat{B} \rangle^2}$$

$$|X\rangle = \Delta \hat{A} |\psi\rangle = (\hat{A} - \langle \hat{A} \rangle) |\psi\rangle.$$

$$|\emptyset\rangle = \Delta \hat{B} |\psi\rangle = (\hat{B} - \langle \hat{B} \rangle) |\psi\rangle.$$

由 Schwartz 不等式:

$$\langle X | X \rangle \langle \emptyset | \emptyset \rangle \geq |\langle X | \emptyset \rangle|^2. \quad (*)$$

由于 \hat{A} , \hat{B} 是厄米的, $\Delta \hat{A}^{\dagger} = \hat{A}^{\dagger} - \langle \hat{A} \rangle = \hat{A} - \langle \hat{A} \rangle = \Delta \hat{A}$ (厄米).

$\Delta \hat{B}$ 同理.



$$\langle X|X \rangle = (\Delta \hat{A} |\psi\rangle)^\dagger |\psi\rangle$$

$$= \langle \psi | \Delta \hat{A}^\dagger | \psi \rangle = \langle \psi | \Delta \hat{A} \cdot \Delta \hat{A} | \psi \rangle = \langle \psi | (\Delta \hat{A})^2 | \psi \rangle = \langle (\Delta \hat{A})^2 \rangle$$

同理, $\langle \emptyset | \emptyset \rangle = \langle \emptyset | (\Delta \hat{B})^2 | \emptyset \rangle$.

$$\langle X | \emptyset \rangle = \langle X | \Delta \hat{A} \Delta \hat{B} | \psi \rangle$$

(*) : $\langle (\Delta \hat{A})^2 \rangle \langle (\Delta \hat{B})^2 \rangle \geq |\langle \Delta \hat{A} \Delta \hat{B} \rangle|^2$ ①

$$\Delta \hat{A} \Delta \hat{B} = \frac{1}{2} [\Delta \hat{A}, \Delta \hat{B}] + \frac{1}{2} \{\Delta \hat{A}, \Delta \hat{B}\} = \frac{1}{2} [\hat{A}, \hat{B}] + \frac{1}{2} \{\Delta \hat{A}, \Delta \hat{B}\}$$

由于 $[\hat{A}, \hat{B}] = [\Delta \hat{A}, \Delta \hat{B}]$

(证明: 左 = $\hat{A}\hat{B} - \hat{B}\hat{A}$.)

$$\text{右} = [\hat{A} - \langle \hat{A} \rangle, \hat{B} - \langle \hat{B} \rangle]$$

$$= \hat{A}\hat{B} - \hat{A}\langle \hat{B} \rangle - \langle \hat{A} \rangle \hat{B} + \langle \hat{A} \rangle \langle \hat{B} \rangle$$

↓ 都是数

$$= \hat{A}\hat{B} - (\hat{B}\hat{A} - \langle \hat{B} \rangle \hat{A} - \hat{B} \langle \hat{A} \rangle + \langle \hat{A} \rangle \langle \hat{B} \rangle)$$

$$= \hat{A}\hat{B} - \hat{B}\hat{A} = [\hat{A}, \hat{B}]$$

由于 $[\hat{A}, \hat{B}]$ 是厄米的.

且 $\{\Delta \hat{A}, \Delta \hat{B}\}$ 是厄米的. $(\{\Delta \hat{A}, \Delta \hat{B}\})^\dagger = \frac{1}{2} (\Delta \hat{A} \Delta \hat{B} + \Delta \hat{B} \Delta \hat{A})^\dagger = \{\Delta \hat{A}, \Delta \hat{B}\}$

$\Rightarrow \langle \Delta \hat{A} \Delta \hat{B} \rangle$ 由 $\langle \frac{1}{2} \{\Delta \hat{A}, \Delta \hat{B}\} \rangle$ 作为实部.

$\langle \frac{1}{2} [\hat{A}, \hat{B}] \rangle$ 作为虚部.

$$\Rightarrow \langle \Delta \hat{A} \Delta \hat{B} \rangle^2 = \frac{1}{4} |\langle [\hat{A}, \hat{B}] \rangle|^2 + \frac{1}{4} |\langle \{\Delta \hat{A}, \Delta \hat{B}\} \rangle|^2$$

$$\Rightarrow \langle \Delta \hat{A} \Delta \hat{B} \rangle^2 \geq \frac{1}{4} |\langle [\hat{A}, \hat{B}] \rangle|^2 \quad \text{②}$$

①② 对比:

$$\langle (\Delta \hat{A})^2 \rangle \langle (\Delta \hat{B})^2 \rangle \geq \frac{1}{4} |\langle [\hat{A}, \hat{B}] \rangle|^2$$

开根号: $\Delta A \Delta B \geq \frac{1}{2} |\langle [\hat{A}, \hat{B}] \rangle|$ (*)
(见上页)

应用在 \hat{p}, \hat{x} 上: Heisenberg 测不准原理.



Example 2.9. Heisenberg 测不准关系.

利用(公式): $\Delta A = \hat{A} = \hat{X}$, $\Delta B = \hat{P}_x$

数字. $\Delta X \Delta P_x \geq \frac{1}{2} \hbar |\langle [\hat{X}, \hat{P}_x] \rangle|$.

$$\therefore [\hat{X}, \hat{P}_x] = i\hbar \hat{I}$$

$$\Rightarrow \Delta X \Delta P_x \geq \frac{1}{2} \hbar$$

$$\text{同理: } \Delta Y \Delta P_y \geq \frac{1}{2} \hbar$$

$$\Delta Z \Delta P_z \geq \frac{1}{2} \hbar$$

6. 算符的函数:

$F(\hat{A})$. 若 \hat{A} 是线性算符. 则 Taylor 展开:

$$F(\hat{A}) = \sum_{n=0}^{\infty} a_n \hat{A}^n$$

$e^{a\hat{A}}$. (a : 标量)

$$\Rightarrow e^{a\hat{A}} = \sum_{n=0}^{\infty} \frac{a^n}{n!} \hat{A}^n = \hat{I} + a\hat{A} + \frac{a^2}{2!} \hat{A}^2 + \frac{a^3}{3!} \hat{A}^3 + \dots \quad (*)$$

(1) 涉及函数算符的对易:

$$\text{若 } [\hat{A}, \hat{B}] = 0. \Rightarrow [\hat{B}, F(\hat{A})] = 0.$$

$$\text{特别地. } [\hat{A}, F(\hat{A})] = 0.$$

$$[\hat{A}^n, F(\hat{A})] = 0.$$

$$[F(\hat{A}), G(\hat{A})] = 0.$$

(2) 厄米共轭:

$$[F(\hat{A})]^\dagger = F^*(\hat{A}^\dagger)$$

① 若 \hat{A} 是厄米的. $F(\hat{A})$ 不一定是厄米.

② $F(\hat{A})$ 厄米 $\Leftrightarrow F$ 是一个实函数, 且 \hat{A} 厄米.

$$\text{例: } (e^{\hat{A}})^\dagger = e^{\hat{A}^\dagger} \quad (e^{i\hat{A}})^\dagger = e^{-i\hat{A}^\dagger}$$

$$(e^{ia\hat{A}})^\dagger = e^{-ia^* \hat{A}^\dagger}.$$

若 \hat{A} 是厄米的. $F(\hat{A}) = \sum_{n=0}^{\infty} a_n \hat{A}^n$. 厄米 $\Leftrightarrow a_n$ 是实数.

但一般来说不满足. $\Rightarrow [F(\hat{A})]^\dagger = F^*(\hat{A}^\dagger) = \sum_{n=0}^{\infty} a_n^* (\hat{A}^\dagger)^n$

